

THE EMBRACE GIRLS FOUNDATION, INC.

Embrace All Girl All Power! After School Academies & Camps

2016 Program Overview

The Embrace Girls Foundation's Embrace Girl Power! After School Programs & Camps organization is a non-for-profit 501c(3) mentoring programs established in 2001, where little girls learn to be healthy, confident, ambitious young ladies who strive for academic excellence.

Our goal is to improve the lives of elementary and early middle school aged girls through academic tutoring as well as leadership, life, emotional and character educational training. Each girl receives exclusive access to people, places and environments coupled with social and cultural opportunities and exposure they might not ordinarily ever experience but, for their involvement in our innovative programs that have impacted the lives of the girls we serve immensely.

The impact is clear as positive measured results are reflected in their academic reports, behavior and positive decision making skills practiced daily. We advocate and serve younger girls with a particular focus on those who attend failing schools, are at risk or, are in immediate crisis. It's a simple formula that proves that when young girls feel good about themselves and have access to well organized activities, events and resources as well as professional mentors, they more often than not, make positive social decisions and do outstandingly well academically thus, Embracing their Girl Power!

Why Target Girls: - The Need

Because the experiences of girls and boys are different. Girls-only programming allows the possibility to explore and respond to some of those differences in a safe and fun atmosphere;

Girls and boys have different needs at different phases of their lives. Girls need a safe space to talk about and work through issues that they're dealing with like self-esteem, their bodies and body image, sexuality and healthy relationships;

Boys and girls experience very different hormonal and developmental changes, and may be interested in different things at different stages of development as a result;

Racialized girls often need a space where they can explore all aspects of their **identity** in an integrated way. Too often programs may address the needs of racialized groups, or girls, but not both. Girls' spaces are a

special place where this can happen, where girls can express all aspects of themselves fully;

Girls and boys have different issues that are important to them and different perspectives on issues that need to be valued;

Girls need an opportunity to talk about things that are happening in the community, in their lives, in their families, and in their relationships from a gendered perspective;

Girls can be under a lot of pressure in our society. Competition is encouraged between girls based on who is prettiest and the most popular with boys. An all-girls space lets girls explore who they are outside of this dynamic;

An all-girls space creates a unique environment where girls can share their experiences and take part in activities with people who understand some of what they are talking about and without being intimidated, or by having boys dominate in the group;

Sometimes girls are distracted from exploring themselves, their potential, and connecting with other girls when boys are around;

Sometimes girls just really need someone to listen and laugh with them, hold their hand if they are going through something hard. Female facilitators are able to connect with girls on common experiences.

School Assemblies:

Themed school-wide assemblies designed to promote positive behavior, attendance and encourage academic achievement and reward same. We organization has served more than 1,500 students during the 2014.2015 school year.

After and During School Academic and Life Skills Programs:

Are offered at several Public and Private Schools serving more than 100 girls weekly Monday through Friday.

Weekend Services and Camps:

Are offered on Saturdays and Sundays and often time include free events for the entire family (i.e, professional sports games, movie screenings, workshops, health and nutrition fairs). Full day camps are offered during Teacher's Planning Days and Holiday breaks.

Social Skills Programs:

Our signature event "Tea Time With the Embrace Girls" where members of the organization meet with Celebrities as well as Community, National and International leaders for a delightful conversation over Tea showcasing their confidence, social, communication and etiquette skills learned as result of their involvement in the organization.

Previous Tea Guests who have supported the organization include Former First Lady, Columba Bush, University of Miami President, Donna Shalala, Former Co-Host of the "View" Sherri Shepherd, Senior Executive Producer, of "Access Hollywood" Terri Macleod, Civil Rights Activist, Reverend Al Sharpton, Actresses, Keke Palmer and Kim Wayans, Celebrity TV Court Show Judges, Lynn Toler, Glenda Hatchett, Marilyn Milian and Karen Mills-Francis, Miami-Dade School Board Member, Dorothy Bendross-Mindingall, United Teachers of Dade President, Fedrick Ingram, Presidential Candidate Florida Senator, Marco Rubio, Assistant Director of the United States Secret Service, Paula A. Reid and Miami Dade School Board Chair, Perla Tabares Hantman to name a few.

We are equally proud to announce that **Actress, Keke Palmer** has named our organization her charity of choice bringing awareness through national campaigns. Learn more about our work at www.embracegirlpower.org and www.chideo.com.

Academic Outcomes & Impact:

Each year students' grades are compared from semester to semester to determine their areas of improvement and identify areas of growth and weaknesses. By providing tutoring sessions to students, we are able to determine the average grade group from semester to semester. Track progress weekly both academic and behavioral as well as attendance and any social service issues the family as a whole may be experiencing.

Demand: More than 75 girls are currently on our after School Roster.